

BMC Yorkshire Area Group Walk

Crookrise Crag

Pre-event Information

Date: Sunday 24th September 2017

Start Time: 10:00 prompt

Start Location: Skipton Bus Station

End Time: 17:00 approx

End Location: Skipton Bus Station

Distance: 7.5 miles (12km)

Total Ascent: 1,750 feet (530m). The route is undulating throughout with a couple of steep inclines.

BMC Participation Statement

The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

The Start

The walk will start from Skipton Bus Station. Skipton National Rail Station is a 10 minute walk to the Bus station. There are many car parks in Skipton with varying charges.

The walk will begin at 10:00, if you are going to be late please call or text the walk leader using the details on the next page.

The Walk

The walk is point to point with a bus connection for our return. We will head out of Skipton on roads towards Embsay, then cutting across footpaths onto the Embsay Reservoir road. From the reservoir is all off road up on to Barden Moor reaching Crookrise Crag. We will take some time out to explore the BMC's newly acquire land of Crookrise Crag and its environs. From there the crag top will be followed passed Fairies Chest and up to the Cross at the start of the Rylstone crags. At some point along this stretch we will stop for lunch, then reach the Obelisk and descend to Cracoe where we can take advantage of the pub and tea shop opportunities whilst awaiting the next bus back to Skipton; probably taking the X43 that runs every hour on the hour from outside the Devonshire Arms from 15:00 – 18:00. An adult single fare is £3.10, the child fare is £1.00, and senior citizens can use their free bus pass.

The walk is approximately 7.5 miles (12.5km) long and 1,750 feet (530m) of ascent will be encountered in total.

Mixed terrain will be encountered and the route is undulating throughout. Be aware that the walk might be wet and boggy over the moorland. Please note that stiles are present on this walk.

What to wear and what to bring with you

Although technical ground will not be encountered it is recommended that a good pair of walking boots is worn as some sections are muddy.

Though it's September we might have an Indian summer, so please bring suitable sun protection including sun cream and a hat as well as plenty of water!

Hopefully the weather will be warm and dry however please be prepared to bring waterproofs and extra warm clothes if this is not looking to be the case.

Please bring sufficient food and drink to last the day. Snack and lunch stops have been factored into the route.

No toilets are available on route, although there is a pub and café at the end.

Under 18s

It is expected that most, if not all, participants will be adults. Under 18s are however welcome provided they are to be directly supervised at all times on the day by their parent or legal guardian who will take full responsibility for their care and welfare throughout.

Dogs

Please do not bring dogs along as they are not allowed on the Bolton Abbey Estate which most of the walk covers.

Health Issues

If you have health issues that you believe might affect your ability to complete the walk safely then please let the leader know in advance.

It is crucial to let the leader know if you suffer from any allergies in particular allergic reactions to stinging nettles or bee / wasp stings.

Contact

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