

# BMC London and South East Area Group Walk – Pre Event Information

**Date:** Saturday 11<sup>th</sup> November 2017

**Start Time:** 10:00 prompt

**Location:** Reigate rail station (outside platform 1) (TQ 25454 50725)

**End Time:** 15:30 approx

**Location:** Reigate rail station (TQ 25454 50725)

**Distance:** 9.5 miles

**Total Ascent:** 1500'. The route is undulating throughout with a notable short but steep climb.

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## **BMC Participation Statement**

The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

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## **The Start**

This circular walk will start from Reigate rail station which is a 50 minute train ride from London Bridge or London Victoria. If travelling from London a return ticket should be purchased (£11.50 off-peak return).

A car park (£4.90 for the day) and bike racks are available at Reigate Station.

The walk will begin at 10:00, if you are going to be late please call or text the walk leader using the details on the next page.

## **The Walk**

The walk starts by heading west from Reigate station joining first the Greensand Way before the Pilgrims' Way. The enclosed wooded path then joins the North Downs Way and climbs through a Site of Special Scientific Interest up to the Mole Gap to Reigate Escarpment. Continuing along the escarpment, the high points of Colley Hill and Reigate Hill are reached and offer far reaching views across the weald towards the South Downs. Descent back to Reigate includes a walk around the National Trust's Gatton Park, designed by landscaper, Lancelot 'Capability' Brown.

The walk is approximately 9.5 miles long and 1500' feet of ascent will be encountered in total.

Mixed terrain will be encountered and the route is undulating throughout.

It is not anticipated any stiles will be crossed.

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### **What to wear and what to bring with you**

Although technical ground will not be encountered it is recommended that a good pair of walking boots are worn as a couple of sustained sections are very muddy and will offer better ankle support. Gaiters would also be highly recommended.

As the walk is taking place in mid November please bring an extra warm layer and a waterproof jacket, it is likely to be cold and may also be wet.

Please bring sufficient food and drink to last the day. Snack and lunch stops have been factored into the route but the only place to buy food along the way is at Reigate Hill which is towards the end of the walk.

### **Under 18's**

It is expected that most, if not all, participants will be adults. Under 18's are however welcome provided they are to be directly supervised at all times on the day by their parent or legal guardian who will take full responsibility for their care and welfare throughout.

### **Health Issues**

If you have health issues that you believe might affect your ability to complete the walk safely then please let the leaders know in advance.

**It is crucial to let the leader know if you suffer from any allergies in particular allergic reactions to stinging nettles or bee / wasp stings.**

### **Contact**

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