

# BMC London and South East Area Group Walk – Pre Event Information

**Date:** Saturday 29<sup>th</sup> September 2018

**Start Time:** 12:30 prompt

**Location:** Box Hill & Westhumble railway station (car park) (TQ 1676 5186)

**End Time:** 17:00 approx

**Location:** Box Hill & Westhumble railway station (car park) (TQ 1676 5186)

**Distance:** 9 miles

**Total Ascent:** 1,400 feet

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## **BMC Participation Statement**

The BMC recognises that climbing, hill walking and mountaineering are activities with a danger of personal injury or death. Participants in these activities should be aware of and accept these risks and be responsible for their own actions and involvement.

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## **The Start**

This figure of eight walk will start from Box Hill & Westhumble railway station at 12:30 which is 1h from London Victoria and will return to the same station.

Car and cycle parking is available at the station however it gets very busy. National Trust car parks are also available near Box Hill.

The walk will begin at 12:30, if you are going to be late please call or text the walk leader using the details on the next page.

## **The Walk**

The walk is approximately 9 miles long and 1,400 feet of ascent will be encountered in total comprising of two notable steep ascents.

Leaving the station heading west the route follows a track through Ashcombe Wood and across Ranmore Common to join the North Downs Way at the elevated Denbies Wine Estate with views to the south towards the high point of Leith Hill. A descent is made through the vineyard to arrive back at the busy A24 and the foot of Box Hill. Box Hill will be ascended starting at the popular 'stepping stones'. The steep ascent of 400 feet finishes at the trig point with views across the weald to the distant South Downs stretching out across the horizon. A forest track leading to Juniper Top is picked up before making a steady descent. One last steep ascent is made to Broadwood's Folly followed by the final descent back to the A24 and the station.

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Most of the route is on non-metalled tracks which may be wet, muddy and slippery depending on the weather leading up to the walk and on the day. Please also be aware one of the tracks used is narrow and overgrown with nettles flanking the path border.

No stile crossings are planned.

If you would like to see the proposed route in advance please contact the walk leader. The route may be changed based on factors on the day.

### **What to wear and what to bring with you**

Although technical ground will not be encountered it is recommended that a good pair of walking boots are worn as some sections may be muddy.

As it is September, it is anticipated the weather will be mild however the sun may still be strong and so it is advisable to bring suitable sun protection. Please also bring a waterproof and an extra warm layer.

Please bring sufficient food and drink to last the day. Snack and lunch stops have been factored into the route. Although it is not intended to visit the National Trust shop on top of Box Hill food and drink can be purchased there if required.

### **Under 18's**

It is expected that most, if not all, participants will be adults. Under 18's are however welcome provided they are to be directly supervised at all times on the day by their parent or legal guardian who will take full responsibility for their care and welfare throughout.

### **Health Issues**

If you have health issues that you believe might affect your ability to complete the walk safely then please let the leaders know in advance.

Please let the leader know if you suffer from any allergies in particular allergic reactions to stinging nettles or bee / wasp stings.

### **Contact**

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