

<b>2<sup>nd</sup> Climbing Injury Symposium, Saturday 10 November 2012</b>	
8:30 – 8:55 <b>Cinema 1</b>	<b>Registration</b>
8:55 – 9:00 <b>Cinema 1</b>	<b>Welcome from BMC Deputy CEO, Nick Colton</b> Aims & Objectives of symposium
9:00 – 9:20 <b>Cinema 1</b>	<b>Overview of Medical aspects of sport climbing and injury statistics</b> (Volker Schöffl)
9:20 – 10:00 <b>Cinema 1</b>	<b>Anatomy and Biomechanics of Hand</b> (Isa Schöffl)
10:00 – 11:00 <b>Cinema 1</b>	<b>Imaging of hand injuries</b> (Waqar Bhatti)
11:00 – 11:25	<b>DRINKS BREAK</b>
11:25 – 12:15 <b>Cinema 1</b>	<b>Common Finger Injuries in Climbing</b> (Volker Schöffl)
12:15 – 13:00 <b>Cinema 1 &amp; Showroom 5</b>	<b>Taping workshop x 2</b> (Volker & Isa Schöffl; Tom Randall)
13:00 – 14:00	<b>LUNCH</b>
14:00 – 15:00 <b>Showroom 5</b>	<b>Biomechanical / Podiatrist workshop</b> (Gary Gibson & Robert Bradshaw Hilditch)
15:00 – 16:00 <b>Showroom 5</b>	<b>Physiotherapy session</b> (Stewart Watson)
16:00 – 16.15 <b>Cinema 1</b>	<b>Expert Panel and Q&amp;A Session</b> (Volker Schöffl, Steve McClure, Stewart Watson & Tom Randall)
16:30 – 18:30pm Can stay to 20.00 if desired.	<b>Climbing session / practical</b> at The Edge Climbing Wall <b>Masterclass in Bouldering with Steve McClure</b>
19:00 onwards <b>The Workstation</b>	<b>Hot evening meal</b> with pay bar open until midnight
20:30 onwards <b>The Workstation</b>	<b>Inspirational talk from John Dunne</b> - leading climber from the 1980's, who has suffered severe training injuries which required surgery.

<b>2<sup>nd</sup> Climbing Injury Symposium, Sunday 11 November 2012</b>	
9:00 – 9:45 <b>Cinema 1</b>	<b>Common shoulder injuries in climbing. Do they all need surgery?</b> (Volker Schöffl)
9:45 – 10:30	<b>To be finalised.</b>
10:30 – 11:00	<b>DRINKS BREAK</b>
11:00 – 11:45 <b>Cinema 1</b>	<b>Hydration workshop</b> (Audry Morrison)
11:00 – 11:45 <b>Showroom 5</b>	<b>Young climbers – monitoring developmental growth and intense training</b> (Isa Schöffl)
11:45 – 12:30	<b>To be finalised.</b>
12:30 – 13:15	<b>LUNCH BREAK</b>
13:15 – 14:15 <b>Cinema 1</b>	<b>Climbing Injuries &amp; Soft Tissue Therapy</b> (Tim Budd)
14:15 – 15:15 <b>Showroom 5</b>	<b>Physiotherapy Session</b> - Addressing conservative care of shoulder injuries & taping (Charlie McCall)
14:15 – 15:15 <b>Cinema 1</b>	<b>Common foot pathologies in climbers</b> (Gary Gibson & Robert Bradshaw Hilditch)  Talk is linked into forces/falling presentation the day previously.
	<b>Expert Panel and Q&amp;A Session – to be confirmed</b>
16:00 – 16:30 <b>Cinema 1</b>	<b>Conclusion of symposium</b>  <b>Distribution of CPD certificates &amp; completion of feedback forms</b>

Items in red are still to be finalised.

*PLEASE NOTE THAT THIS PROGRAMME IS SUBJECT TO CHANGE  
AND THE BMC ACCEPTS NO LIABILITY FOR ANY CHANGES MADE.*