# Talking a Good Game Psychoanalytic Perspectives on Sport

The Congreve Room, The West Yorkshire Playhouse, Leeds

Saturday 22<sup>nd</sup> March 2014

Gates Open: 9.30am Kick Off: 10 am Final Whistle: 4 pm Full fee: £65 Concessionary fee: £50 (trainees, etc)

Umpire for the morning session: Vic Sedlak

Michael Brearley "Being in the Zone"

Leon Kleimberg
"Playing and Illusion in
Football & Psychoanalysis"

Referee for the second half: Susanna Bailey

## **David Riley**

"The Void Beneath: A climber's perspective on regression to dependence"

In the course of this day symposium we will continue to explore the relations between mind and body following on from the successful collaboration with Phoenix Dance last Autumn. This time we will be considering the psychological significance of sport, its unconscious dynamics and its emotional impact. Just what is the use of sport? Whether you can't get enough of it or can't get away from it, it seems to have powerful meaning for us. As an active participant you may push your body to the limits of skill and mastery, you may risk life and limb in pursuit of a challenge. As a follower you may reach the heights and plumb the depths in identification with the successes and failures of your team or hero. Three psychoanalysts who are or have been actively engaged with different sports will present papers to help to generate debate and exploration of this cultural area which evokes such passionate responses of love and hate.

### **Chairs & Speakers**

**Susanna Bailey** is a psychoanalyst and Member of the Institute of Psychoanalysis who works in private practice in Leeds. She contributes to the further development of psychoanalysis in the regions through the Regional Developmental Committee of the Institute and the Harry Guntrip Trust. She is a mountaineer and cyclist and a football widow on Saturday afternoons.

**Michael Brearley** is a psychoanalyst, Fellow of the Institute of Psychoanalysis and a sports journalist. He studied philosophy at Cambridge University at undergraduate and post-graduate level while pursuing a career as a County cricketer with Middlesex. As England captain he won 17 of 31 games, losing only 4, an outstanding record that has only recently been bettered, and captained England to the Cricket World Cup in 1979. Brearley's extraordinary impact on the demoralised England team during the 1981 Ashes series is regarded as one of the greatest feats of sporting psychology of all time. He was awarded the OBE in 1978 and published The Art of Captaincy in 1985. From 2008 – 2010 he was President of the British Psychoanalytical Society. He works in private practice in London, and teaches and writes on psychoanalysis.

**Leon Kleimberg** is a training analyst at The Institute of Psychoanalysis and works in full-time private practice in London, and is a visiting lecturer at the Tavistock Clinic Adult Department. He has published papers in the UK and abroad in areas of psychoanalysis and creativity, psychoanalysis and psychopathology and psychoanalysis and immigration. A promising player in his youth, whose career was cut short by injury, he is the author of a paper on psychoanalysis and football which he presented alongside former footballer Trevor Brooking at the Freud Museum conference 'Football Passions' in 1998. In 2011 he appeared with Michael Brearley in a forum on Sport and Psychoanalysis hosted by the British Psychoanalytic Society at the Science Museum in London.

**David Riley** is a psychoanalyst, Fellow of the Institute of Psychoanalysis and a graduate of the Tavistock Psychoanalytic Psychotherapy training. He recently completed six years as the Chair of Ethics of the BPC. He is a climber of some years' experience. During the late 60s and early 70s he pioneered, with various partners, new climbs, both in summer and winter, in different parts of Britain and first and early ascents in the Italian Dolomites. In 1970 he co-published the first rock climbing guide to Cheddar Gorge. He continues to climb but is currently running out of people his own age to climb with and has returned to cycling. In 1963 he rode for the Universities Athletics Union Road Racing Team and was Universities' 25 mile Time Trial champion.

**Vic Sedlak** is a Training Analyst for the Institute of Psychoanalysis and has been centrally involved in the development of psychoanalysis in the North of England – including the forthcoming Northern Training – and in Poland. He is a keen competitive cyclist, a climber and hill walker and a passionate football supporter.

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# REGISTRATION FORM PLEASE WRITE CLEARLY!

Name	 
E mail address	 
Address	 
Phone	 

Full fee: £65 Concessionary fee: £50 (trainees, etc)
Please make cheques payable to: The Harry Guntrip Charitable Trust
Please return your cheque with this completed registration form to:

James Taylor 23 Spen Road Leeds LS16 5AT Enquiries james.taylor@ntlworld.com

#### E Tickets!

You will receive an individually numbered ticket which will be emailed to you with an individually named receipt and CPD certificate on receipt of your cheque. The CPD certificate will require a signature which I will provide on the day and the receipt will allow anyone needing to, to claim for the event from their workplaces/be used for tax purposes. The tickets will be individually numbered to make the registration process easier as they will correspond to a numbered spreadsheet. The E ticket/receipt/CPD Certificate will come as a PDF file for you to print.

Please contact me if you have not received your e ticket within 14 days of mailing me!

If you no longer wish to be made aware of Harry Guntrip Trust / other psychoanalytic & psychodynamic events in the region, please email me to say so with your name and email address.

#### **Cancellation Policy**

If you are for any reason unable to attend an event after you have purchased your ticket, we will provide a full refund if you cancel with 28 days of the event and a refund of 50% if you cancel within 14 days of the event. We will offer no refund if you cancel within less than 14 days of the event. There will be a deduction of £10 from all refunds for administration.